

CUSTOM EDITION

LEARN⁺™
more

Barrow County School System

Teaching Kids About **Georgia** Agriculture - Food, Farmers & Fun!



E N R I C H M E N T





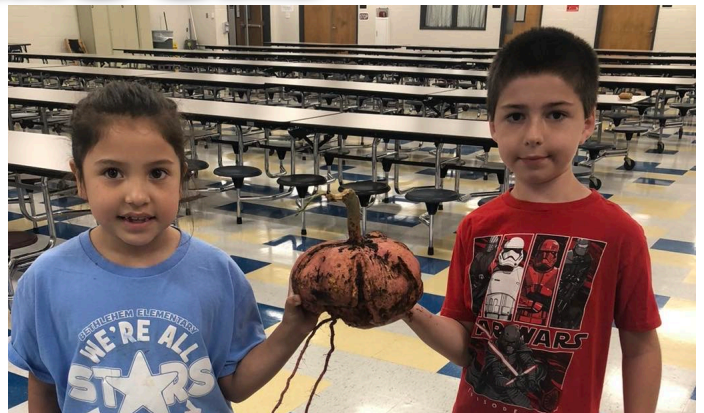
Barrow County School System

“Barrow County School Nutrition Program's mission is to promote a successful academic experience and encourage a lifetime of healthy eating.”

- Barrow County School System School Nutrition Program



FARM to SCHOOL



FARMERS MARKET FRIDAYS

Barrow County School System School Nutrition Program is proud to be participating in **Farmers Market Fridays** serving Georgia crops and celebrating local farmers.



Apples



Lettuce



Sweet Potatoes



Carrots

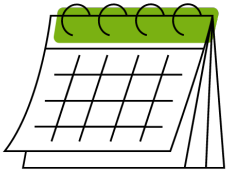
Georgia

Apples

85% of apples grown in Georgia are grown in **Gilmer** and **Fannin** counties.



Located in **North Georgia**.



Georgia's apple season is from **late August** through **mid-December**.

2,500



varieties of apples are grown in the United States.



apples make **1** gallon of cider.



All of the U.S. produces **250** million bushels of apples each year.

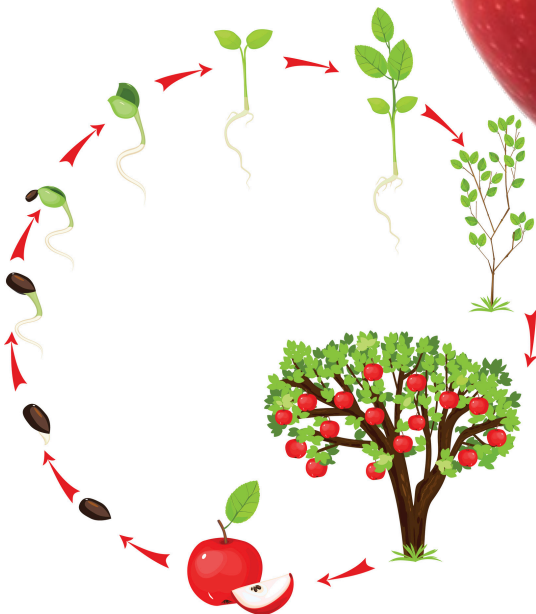
Apple trees can live to be **100 years old**.



An **apple blossom** is the flower that comes from an apple tree.

An apple tree takes at least **4 years** to start producing fruit.

Most apples are **HAND-PICKED**.



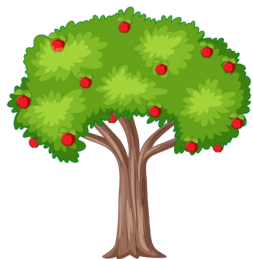
B.J. Reece Orchards



B.J. Reece Orchards is a **family owned & operated apple orchard.**



B.J. Reece Orchards is currently run by **John & Rachel Reece.**



B.J. Reece Orchards is home to **200+ acres** of land for growing apples.



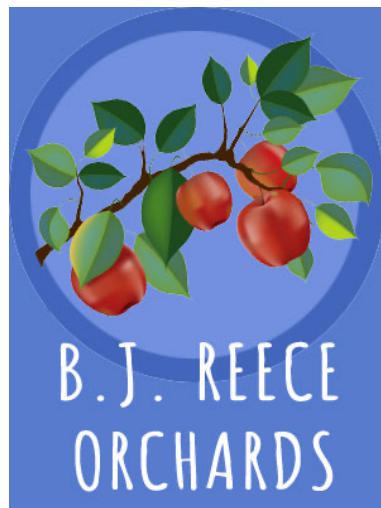
B.J. Reece Orchards grows **60 different** varieties of apples.

Visitors are **ALWAYS** welcome!



B.J. Reece Orchards **U-Pick** apple season is from **Aug - Oct.**

**9131 Highway 52 East
Ellijay, GA 30536**



Georgia

Lettuce

Looseleaf varieties of lettuce grow best in Georgia's climate.

Looseleaf lettuce can be either **green** or **red**.

Darker green lettuce leaves are **MORE** nutritious than lighter green leaves.

4 Main Types of Lettuce:

MOST

LEAST

1. Butterhead
2. Crisphead
3. Looseleaf
4. Romaine

Lettuce prefers to grow in **colder** climates.



Lettuce is **95%** water.



Iceberg lettuce (also known as crisphead) is the most popular type of lettuce in the U.S.

Lettuce is a part of the **sunflower** family.



Lettuce is the **2nd** most popular vegetable in the U.S.

Because of lettuce's water %, it must always be eaten **FRESH**.



R&G Farm



R&G Farm is a family owned & operated hydroponics farm.



R&G Farm is run by **Colby** and **Alexis Edwards** and their **2 kids**.

Hydroponics is when a plants are grown without the use of soil – commonly grown in nutrient rich water instead.



R&G Farms grows mainly **romaine**, **green leaf**, and **Bibb** lettuce.



Visitors are **always** welcome!

R&G Farms produce many different varieties of **organic greens**.



Their lettuce is grown **year-round!**



Located in **Dublin, Georgia**

R & G FARM

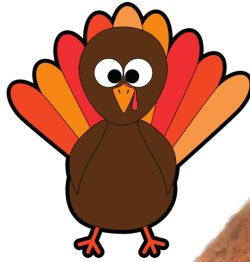
Georgia

Sweet Potatoes

Georgia's **warm climate** is perfect for growing sweet potatoes.

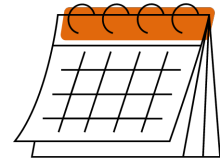
Georgia is home to around **5,000 acres** of commercially grown sweet potatoes.

Sweet potatoes are a popular **Thanksgiving** side dish.



Covington is the most popular variety of sweet potato grown in Georgia.

Sweet potato roots are harvested **90-120** days after planting.

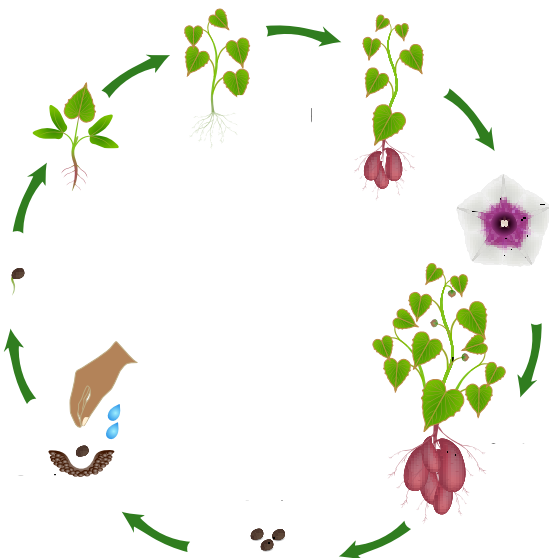


FEBRUARY
National Sweet Potato Month

A **root** vegetable.



Jewel is the most popular variety of sweet potato.



Sweet potatoes are in season **YEAR-ROUND!**

Sweet potatoes can be **orange, yellow, red, white** or **purple**.



Snapfinger Farm



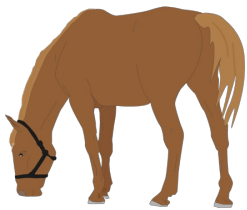
Snapfinger Farm was started by **Rahul Anand** in 2016.



Snapfinger Farm grows a **wide variety** of fruits, veggies, flowers & herbs.

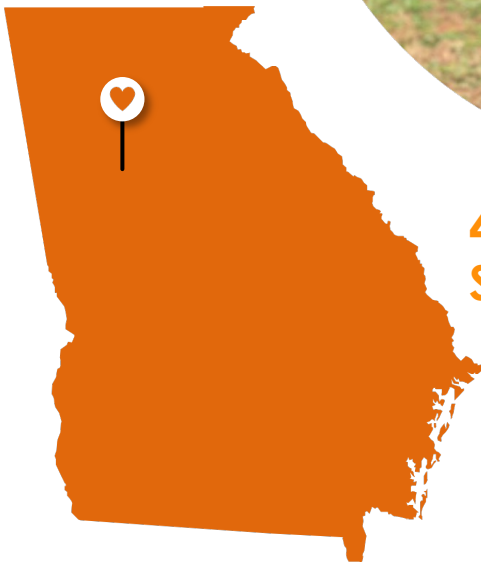


Snapfinger Farm was transitioned from what was a **horse pasture** into **vegetable fields!**



Most crops at Snapfinger Farm are **harvested by hand.**

Rahul Anand



**46 Flat Shoals Church Rd.
Stockbridge, GA 30281**

Snapfinger Farm is home to **14 acres** of farmland.



Georgia

Carrots

Georgia carrots are known for being **extra sweet!**

Most GA carrots are grown in the **southern** part of the state.



Carrots are **88%** water.

Carrots take **4 months** to complete growing.

Georgia's carrots are harvested **between December & June.**

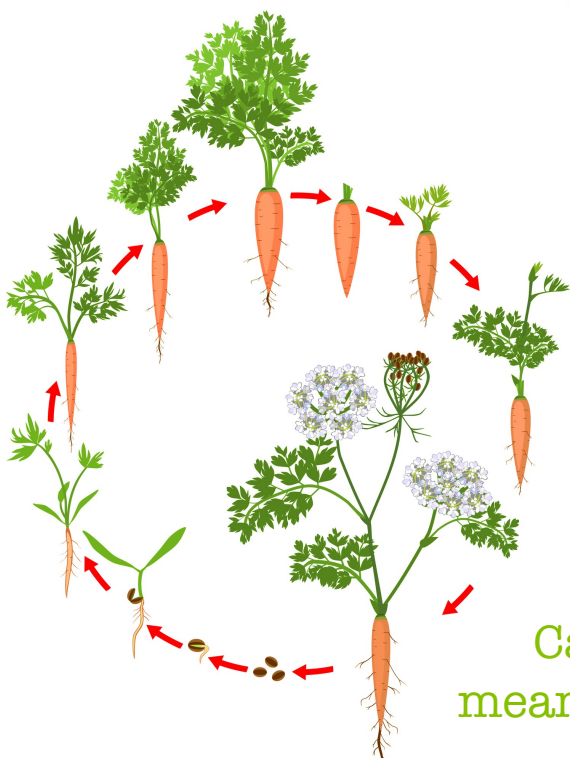
2,000 carrot seeds fit in **1 teaspoon.**

Carrots thrive in overall **cooler** temperatures.

Carrots can survive entire **WINTERS** underground!

The world record for the longest carrot is over **19 feet!**

Carrots are **biennials**, which means they have a **2-year** life cycle.





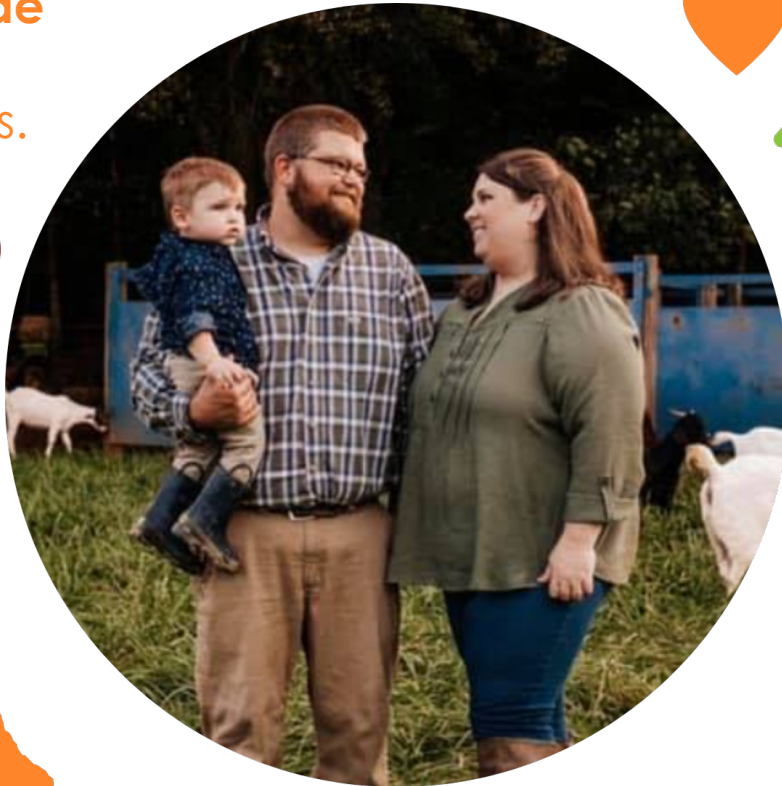
Patrick Farms



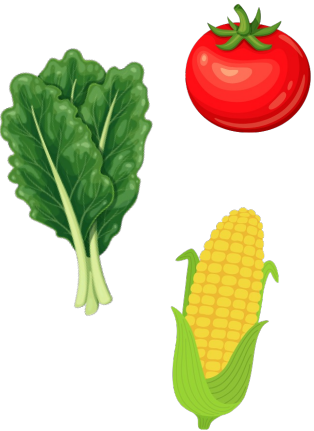
Patrick Farms is a **family farm** that specialize in **farm fresh seasonal produce**.

Patrick Farms was started by **Miles & Charline** in **2017**.

Patrick Farms grows a **wide variety** of vegetables.



"We want our customers to know where their food comes from and know the farmers that grow their food."



Located only **5 miles** from **Barrow County School System**.

372 Rockwell Church Rd. Winder, GA 30680



Georgia

Milk

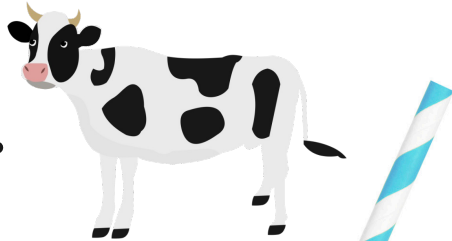
Georgia produces around **235 MILLION** gallons of milk per year.

Nearly **98%** of U.S. dairy farms are family owned & operated.

Georgia is home to **92,000** dairy cows & **89** dairy farms.

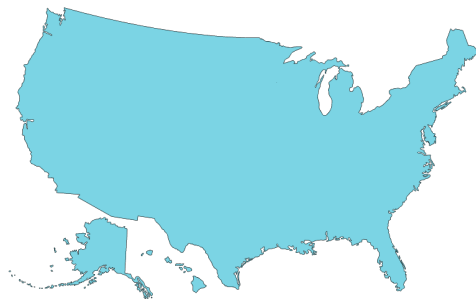
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Breeds of Dairy Cows:



1. Ayrshire
2. Brown Swiss
3. Guernsey
4. Holstein
5. Jersey
6. Milking Shorthorn

ALL 50 states have dairy farms!



Holstein cows all have a **unique pattern of spots!**

1 cow produces around **6 gallons** of milk per day.

The reason milk is white is because it contains **“casein”** - a type of protein.

Farmers measure milk in **pounds**.

Milk is the source of **ALL** dairy products!

The U.S. produces **~21 BILLION** gallons of milk each year.



Dairy Farmers of America



Diary Farmers of America is a group of nearly 11,000 dairy farmers across the U.S.

ALL DFA dairy farms are **family owned & operated.**



"We work to preserve the ability to pass down the farm to the next generation."

Barrow County School System serves TruMoo & DairyPure milk.

DFA is a group of **6,000** dairy farms.



TruMoo
DairyPure

Braselton, GA.



TruMoo & DairyPure milk is provided by DFA dairy farms.

Dairy Farmers of America have a continuous commitment to **sustainability.**



DFA
Dairy Farmers of America

Georgia Agriculture

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Beans



Bell Peppers



Blueberries



Cabbage



Cantaloupe



Corn



Cucumbers



Milk



Okra



Peaches



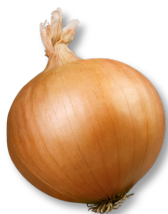
Soybeans



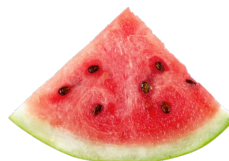
Squash



Sweet Corn



Vidalia Onion



Watermelon



Wheat