

D I G I T A L M A G A Z I N E

CUSTOM EDITION

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# Canton Local Schools

Teaching Kids About **Ohio** Agriculture - Food, Farmers & Fun!



E N R I C H M E N T



# FARM to SCHOOL

The Canton Local Nutrition Services Department provides top notch quality meals daily. By partnering with local farmers and businesses, this allows us to see exactly where our food is coming from. We believe in the power of shopping local and investing back into our community and the state of Ohio.

Thank you to Pero Farms, Varian Orchards and Dough Go's for your partnership. We are looking forward to growing our farm to school program!

- **Canton Local Nutrition Services Department**



# FARMERS MARKET FRIDAYS

Canton Local Nutrition Services Department is proud to be participating in **Farmers Market Fridays** serving Ohio crops and celebrating local farmers.



Wheat



Apples



Milk



Corn

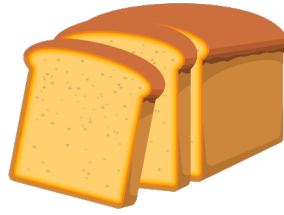
# Wheat

Wheat is Ohio's **3<sup>rd</sup>** largest field crop.

**1** bushel of wheat contains around **100,000,000** individual kernels.

## 6 Classes of Wheat Grown in the U.S.

1. Hard Red Winter
2. Hard Red Spring
3. Soft Red Winter
4. Soft White
5. Durum



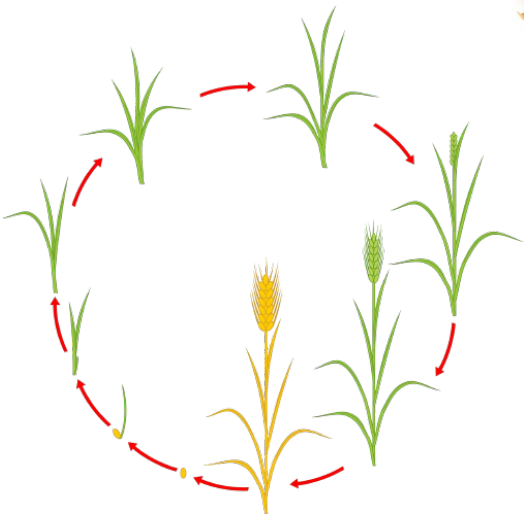
1 bushel of wheat can produce **90** loaves of bread.

**Hard Red Winter** wheat is used mostly for making **breads**.

1 acre = **40** bushels of wheat.

The average wheat crop grows to be between **2 & 4** feet tall.

Wheat grows best in **warm** weather.



Wheat is the **MOST** harvested crop in the world.

Ohio

# Apples

Ohio grows around **50** different varieties of apples.

Ohio is one of the **top 10** apple producing states in the U.S.



Apple trees make up **HALF** of the world's fruit tree production.

**2,500**

varieties of apples are grown in the United States.

Ohio is home to **100+** apple orchards.

All of the U.S. produces **250** million bushels of apples each year.



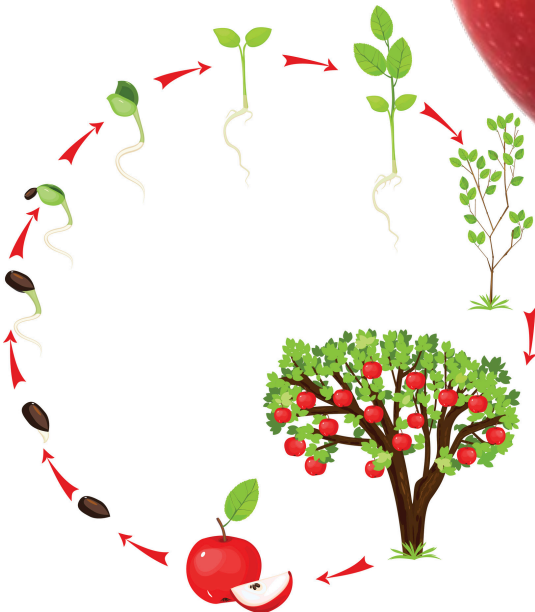
apples make **1** gallon of cider.



An **apple blossom** is the flower that comes from an apple tree.

An apple tree takes at least **4 years** to start producing fruit.

Most apples are **HAND-PICKED.**



Ohio

# Milk



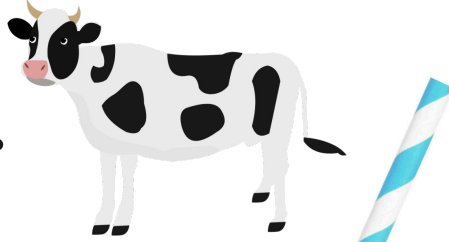
Ohio produces around **5.5 BILLION** pounds of milk each year.

Ohio is home to around **250,000** dairy cows.

Nearly **98%** of U.S. dairy farms are family owned & operated.

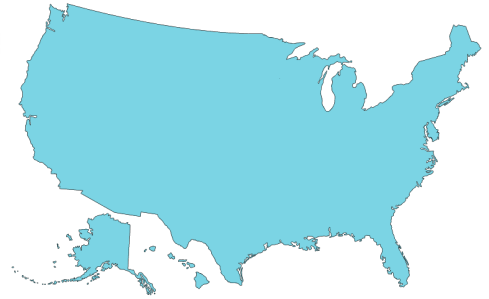
# 6

## Breeds of Dairy Cows:



1. Ayrshire
2. Brown Swiss
3. Guernsey
4. Holstein
5. Jersey
6. Milking Shorthorn

**ALL 50** states have dairy farms!



**Holstein** cows all have a **unique pattern of spots!**

The U.S. produces **~21 BILLION** gallons of milk each year.

**1 cow** produces around **6 gallons** of milk per day.



Farmers measure milk in **pounds**.

The reason milk is white is because it contains **“casein”** - a type of protein.

Milk is the source of **ALL** dairy products!



Ohio

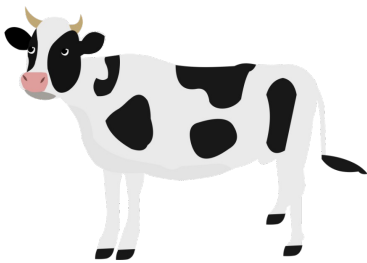
# Corn

99% of corn grown in Ohio is "Field Corn".

Ohio is within the **top 10** states in U.S. corn production.

**Field corn** is often grown and harvested to feed **livestock**.

Corn is America's number 1 field crop.

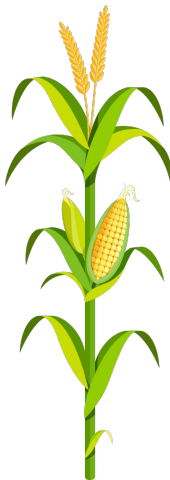


Corn is considered a **vegetable, fruit** AND a **grain!**

An ear of corn **ALWAYS** has an even number of rows.

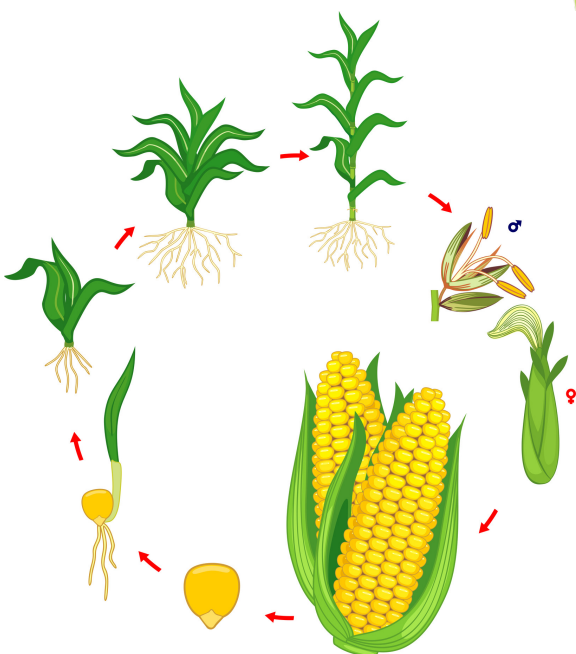


There are around **800** kernels on each ear of corn.



Most countries outside of the United States call corn "**maize**".

**90,000,000** acres of the earth are corn fields.



Ohio Agriculture

# LEARN *More*



Corn



Grapes



Oats



Pawpaw



Popcorn



Pumpkins



Soybeans



Tomatoes



Wheat