

CUSTOM EDITION

LEARN⁺™
more

Clayton County Public Schools

Teaching Kids About **Georgia** Agriculture - Food, Farmers & Fun!



E N R I C H M E N T

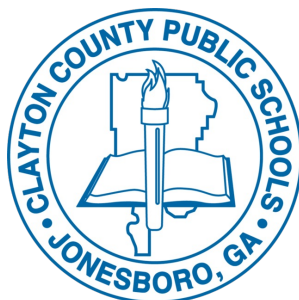


FARM to SCHOOL

“Fueling Student Achievement through Proper Nutrition.”

On any given day, more than 20% of local farm-to-school foods appear on the school lunch menus in Clayton County Public Schools. The high volume of local farm-to-school items has established this school nutrition program as an award-winning Georgia Grown participating school system.”

- Clayton County Public Schools School Nutrition Program



FARMERS MARKET FRIDAYS

Clayton County Public Schools School Nutrition Program
is proud to be participating in **Farmers Market Fridays**
serving Georgia crops and celebrating local farmers.



Yellow Squash



Bell Peppers



Butternut Squash



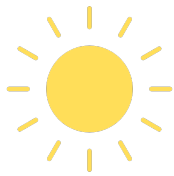
Apples

Georgia

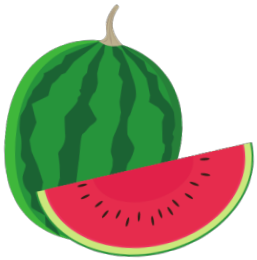
Yellow Squash

Georgia is the **3rd largest** squash producing state in the U.S.

2 types of squash:
WINTER & SUMMER.

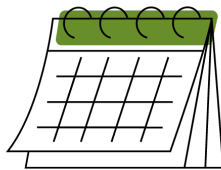


Yellow squash is a type of **summer** squash.



Squash are related to **melons!**

All type of squash are considered a **fruit!**



Yellow squash grown in Georgia can be **harvested all year-round.**



Yellow squash are usually ready to harvest **4 - 8 days** after flowering.

“Straightneck Squash”



Yellow squash with the best flavor are typically only **5 - 6 inches** long.

1 acre of land could grow around **11,000** squash!

As their name suggests, summer squash varieties are in **peak season** during the summer months.

Southern Valley



Southern Valley is a **family owned & operated** farm that was started in **1987**.

Kent Hamilton founded Southern Valley with his **father, brother & best friend**.

Sustainable farming is very important to Southern Valley.



Located in **Norman Park, Georgia**.



Kent is a **sixth-generation** farmer.



Southern Valley grows a **wide variety** of vegetables.



Southern Valley **grows, packs & ships** their produce **year-round**.



Georgia

Bell Peppers

Georgia is the **4th largest** bell pepper producing state in the U.S.

Georgia is home to **4,000+ acres** of bell peppers.



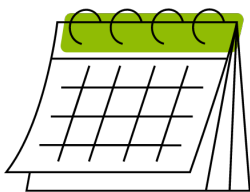
Bell peppers can be **2 to 6** inches long.



Most bell peppers are **harvested by hand**.

Bell peppers are in the same family as **tomatoes, eggplant, and potatoes**.

Bell peppers are grown all year-round.



Red bell peppers are also known as **sweet peppers**.



Bell peppers are a **FRUIT**.

ALL bell peppers are **GREEN** before they ripen.

Bell peppers transition from **green to yellow to orange to red** depending on how long they ripen.

Bell peppers get **sweeter** the longer they ripen.



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Georgia

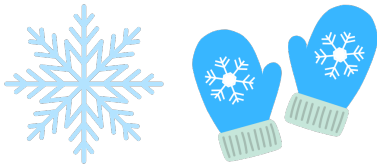
Butternut Squash

Georgia is the **3rd largest** squash producing state in the U.S.

Georgia is home to **4,000 acres** of squash.

2 types of squash:
WINTER & **SUMMER**.

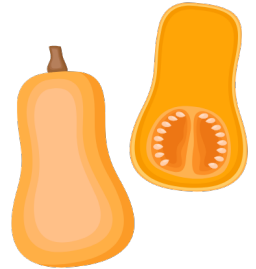
Butternut squash is a type of **winter** squash.



Winter squash has much **harder** skin than summer squash.

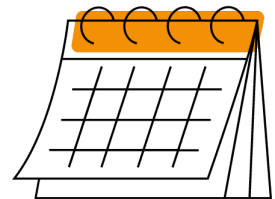
Butternut squash takes around **110 days** to mature after planting.

Butternut squash weigh on average, **3 - 5 pounds**.



Butternut squash grow on vines that can reach up to **15 feet in length**.

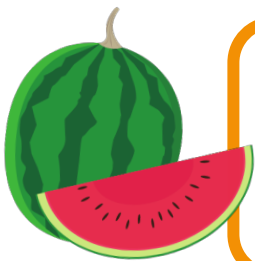
Butternut squash grow to be around **10 inches tall**.



Squash are related to **melons!**

Butternut squash are in season in the **fall & winter**.

Squash are a type of **fruit!**



Butternut squash are known for having a **sweet & nutty** flavor.

Despite the name, winter squash grow best in **warm seasons**.

Ham Farms



Ham Farms is a **family owned & operated** farm that was founded in **1975**.

Ham Farms has grown from farming **200 acres** of land in 1975 to now **8,500 acres**.

“As the **family** and the **crops** **grew**, so did the **company**.”

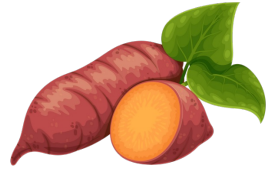
Ham Farms **grow, pack & ship** all of their produce.



963 Hwy. 258 South
Snow Hill, NC 28580



The Ham family.



Ham Farms grows mainly **squash, sweet potatoes, watermelon & cabbage**.



467 miles
from CCPS!



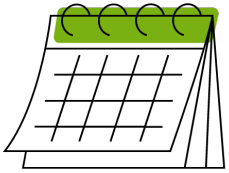
Georgia

Apples

85% of apples grown in Georgia are grown in **Gilmer** and **Fannin** counties.



Located in **North Georgia**.



Georgia's apple season is from **late August** through **mid-December**.

2,500



varieties of apples are grown in the United States.



apples make **1** gallon of cider.



All of the U.S. produces **250** million bushels of apples each year.

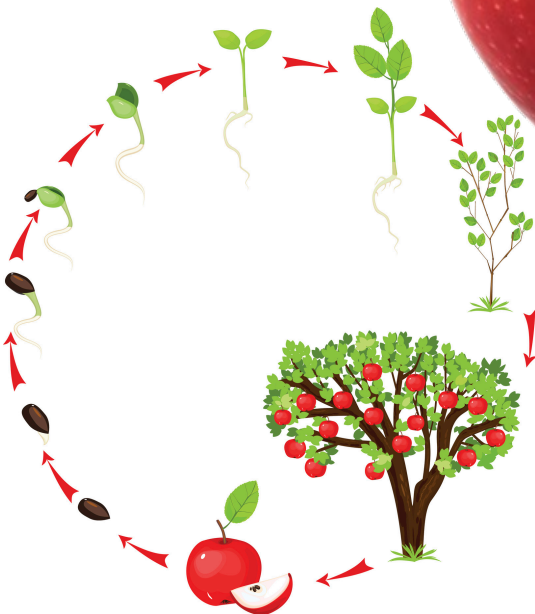


Apple trees can live to be **100 years old**.

An **apple blossom** is the flower that comes from an apple tree.

An apple tree takes at least **4 years** to start producing fruit.

Most apples are **HAND-PICKED**.



Nix Fruit Co.



Nix Fruit Co. is a **3rd-generation** family owned & operated farm.



Nix Fruit Co. was started by **Jimmy Nix** and is currently run by his 2 sons, **Mark & Brent**.

Nix Fruit Co. **grows, packs & ships** their fruit.

Visitors are **ALWAYS** welcome!

Nix Fruit Co. is **open 7 days a week** from **mid-Aug - Nov.**

1299 Pilot Mountain Rd.
Hendersonville, NC 28792



Nix Fruit Co. grows a **wide variety** of fruits.

Nix Fruit Co. is home to **300 acres** of land.



Nix Fruit Co.

Jimmy Nix and Sons

Georgia

Milk

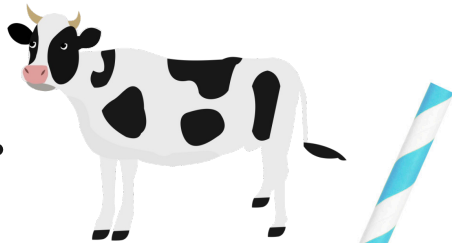
Georgia produces around **235 MILLION** gallons of milk per year.

Nearly **98%** of U.S. dairy farms are family owned & operated.

Georgia is home to **92,000** dairy cows & **89** dairy farms.

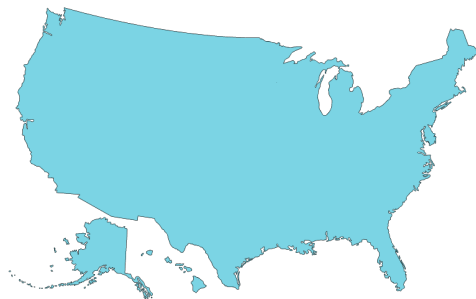
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Breeds of Dairy Cows:



1. Ayrshire
2. Brown Swiss
3. Guernsey
4. Holstein
5. Jersey
6. Milking Shorthorn

ALL 50 states have dairy farms!



Holstein cows all have a **unique pattern of spots!**

1 cow produces around **6 gallons** of milk per day.

The reason milk is white is because it contains **“casein”** - a type of protein.

Farmers measure milk in **pounds**.

Milk is the source of **ALL** dairy products!

The U.S. produces **~21 BILLION** gallons of milk each year.



Borden Dairy



Borden Dairy has a **long history** that all started with **Gail Borden** in **1857**.

Gail Borden **invented** the process of **condensing milk**.



The **first** company to use **glass milk bottles**.

Condensing milk allows for dairy products to **last longer**.



Borden Dairy produces **350 MILLION gallons** of milk each year.

1 of Borden Dairy's 14 **processing plants** is located in **Decatur, GA.**



Borden Dairy products are served in over **9,000** schools.



"**Elsie**" is Borden Dairy's beloved mascot.

Georgia Agriculture

LEARN More



Beans



Bell Peppers



Blueberries



Cabbage



Cantaloupe



Corn



Cucumbers



Milk



Okra



Peaches



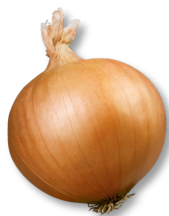
Soybeans



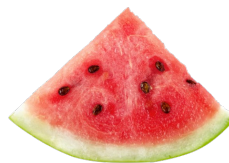
Squash



Sweet Corn



Vidalia Onion



Watermelon



Wheat