

CUSTOM EDITION

LEARN⁺™
more

Dallas Independent School District

Teaching Kids About **Texas** Agriculture - Food, Farmers & Fun!



E N R I C H M E N T



FARM⁺ to SCHOOL

"Our mission is to boost student achievement by providing healthy and delicious meals. The research is clear: the better we eat, and the better we take care of ourselves, the better we perform across a range of outcomes, including academics."

- Dallas ISD Food & Child Nutrition Services



Food and Child
Nutrition Services

FARMERS MARKET FRIDAYS

Dallas Independent School District Nutrition Services is proud to be participating in **Farmers Market Fridays** serving Texas crops and celebrating local farmers.



Pears



Apples



Peas



Milk

Texas

Pears

Most pears grown in Texas are grown in the **northern** part of the state.



3,000+ varieties of pears.

Pears used to be called "**butter fruit**" because of their soft texture.

Common types of pears: **Anjou, Bartlett, Bosc, Comice & Forelle.**



Pear tree **wood** is often used to make musical instruments.



Pears prefer to grow in **cooler climates.**

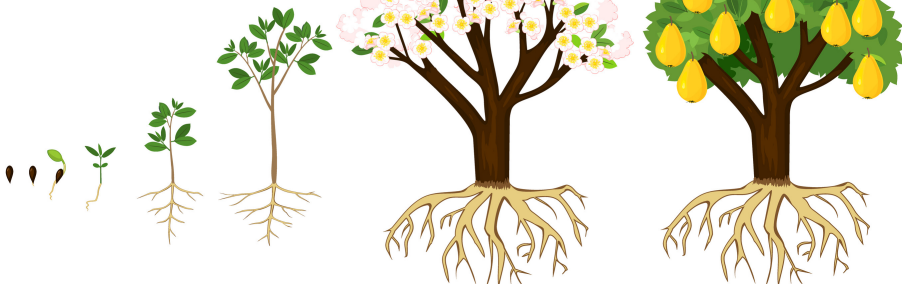
Pears ripen best **after** they are picked.

Pears are a part of the **rose** family.



Pear trees grow to be **30-40 ft.** tall.

Pears are considered to be the most **fragile** fruit.



ALL pears are picked by **HAND.**

Top of Texas Farms



Top of Texas Farms is a **20-acre orchard** owned by **Tucker Crawford**.

Tucker Crawford purchased "The Orchard" in **2014**.

Have recently added **19,000 fruit trees** to their orchard.



Also known for their **honey** production.



Top of Texas Farms grows a **wide variety** of fruit – **pears, apples, grapes, & more!**

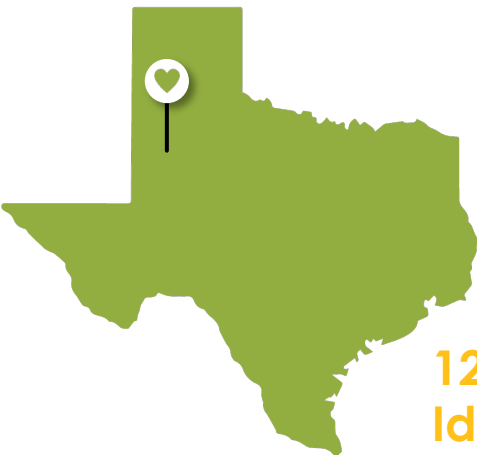


Grows both **conventional & organic** fruit.



Top of Texas Farms offers visitors to **pick their own fruit.**

12206 US-62
Idalou, TX 79329



Texas

Apples

Gala apples are a common type of apple grown in Texas due to their little need for cold weather in the winters.

The U.S. produces **250** million bushels of apples each year.



2,500

varieties of apples are grown in the United States.



Gala apples are currently the **most popular** apple in the U.S.



apples make **1** gallon of cider.



21% of apples are juiced.



An **apple blossom** is the flower that comes from an apple tree.

An apple tree takes at least **4 years** to start producing fruit.

Most apples are **HAND-PICKED.**





Top of Texas Farms



Top of Texas Farms is a **20-acre orchard** owned by **Tucker Crawford**.

Tucker Crawford purchased "The Orchard" in **2014**.

Top of Texas Farms grows a **wide variety** of fruit – **apples, pears, grapes, & more!**

Grow **18** different varieties of apples.



Also known for their **honey** production.



Grows both **conventional & organic** fruit.



Top of Texas Farms offers visitors to **pick their own fruit.**

12206 US-62
Idalou, TX 79329

Texas

Peas

Texas is home to around **100 acres** of English peas.

English peas are also referred to as “**garden peas.**”

3 Main Types of Peas:

1. English Pea
2. Snow Pea
3. Sugar Snap Pea

Throughout the U.S. there are about **893,000 acres** of peas.



Pea pods grow to be around **4 inches** long.

When a pea pod is **ripe**, the pod will split in half.



The average pea weighs **0.1 - 0.3 grams!**

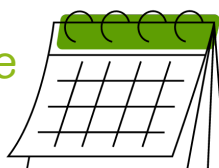


Peas are **cool-weather** crops that cannot tolerate the heat.

There are **5 - 10** peas in each pod.

A fully mature pea is actually **yellow**.

Harvesting usually takes place **60 - 70 days** after planting.



Sides Pea Farm



Sides Pea Farm is a **family owned & operated** farm that started in **1957**.

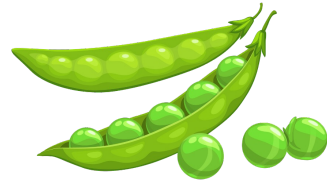


Virginia known for her **pea soup** recipe.



The **LARGEST** grower of fresh market peas in all of Texas.

Winford & Virginia Sides started Sides Pea Farm with **70 acres** of land.



Sides Pea Farm has grown every year & now they are home to **hundreds of acres of peas**.

Sides Pea Farm grows a wide variety of **peas & beans**.

1709 FM 2909
Canton, TX 75103



Texas

Milk

Texas produces more than **15 billion pounds** of milk per year.



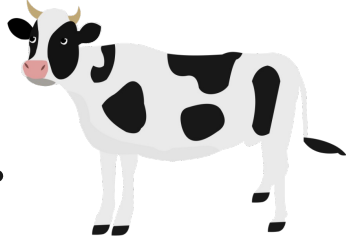
70% of dairy farms in Texas are located in the **panhandle**.

Texas is ranked **5th** in the nation for milk production.

Nearly **98%** of U.S. dairy farms are family owned & operated.

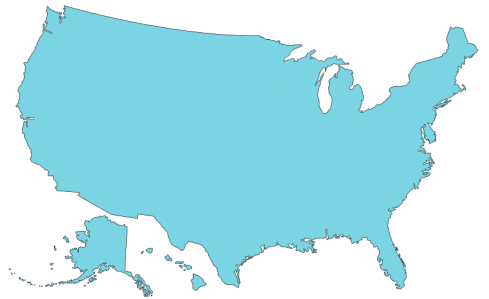
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Breeds of Dairy Cows:



1. Ayrshire
2. Brown Swiss
3. Guernsey
4. Holstein
5. Jersey
6. Milking Shorthorn

ALL 50 states have dairy farms!



Holstein cows all have a **unique pattern of spots!**

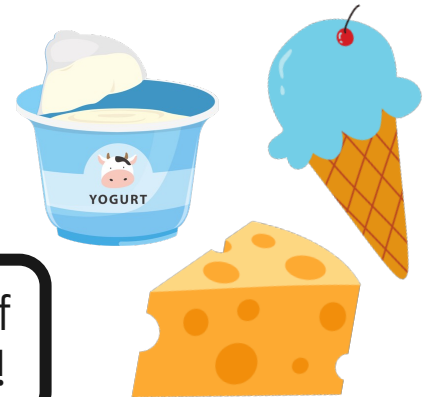
1 cow produces around **6 gallons** of milk per day.

The reason milk is white is because it contains **“casein”** - a type of protein.



Farmers measure milk in **pounds**.

The U.S. produces **~227 BILLION** pounds of milk each year.



Milk is the source of **ALL** dairy products!

Oak Farms Dairy



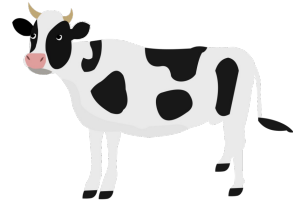
Oak Farms was started in **1908** & currently owned by a **co-op of family farmers**.

Oak Farms Dairy is a farmer-owned brand of **Dairy Farmers of America (DFA)**.

The family owned & operated dairy farms that make up Oak Farms Dairy are **Blue Bonnet Dairy, Blue Jay Dairy & Sherwyn Wood Dairy**.



Their legacy is "a story of **quality, tradition & wholesome goodness.**"



Cow **comfort** is their **#1 priority**.

These family farms are located in **Dublin, TX & Stephenville, TX**.

Oak Farms Dairy is home to **2,560 dairy cows**.

Oak Farms
SINCE 1908



Texas Agriculture

LEARN *More*



Cabbage



Chiles



Corn



Cucumbers



Grapefruit



Jalapeños



Milk



Oats



Okra



Oranges



Potatoes



Pumpkins



Rice



Soybeans



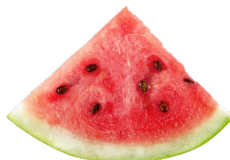
Spinach



Sugarcane



Sunflowers



Watermelon



Wheat