

D I G I T A L M A G A Z I N E

CUSTOM EDITION

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# East Canton Schools

Teaching Kids About *Ohio* Agriculture - Food, Farmers & Fun!



E N R I C H M E N T



# FARM to SCHOOL

We believe in the power of supporting local farmers. Collaborating with farmers means we have the ability to see firsthand where food is coming from. Not only do our Nutrition Services staff get to tour the farms to ensure food safety and quality, but students also get to tour the farms to learn more about local crops and agriculture. We are thankful for our partnerships and looking forward to expanding our network.

- **East Canton Schools Food & Nutrition Services**



*The picture attached above is of the Pero Farm Family. Our milk and beef comes from their farm, Pero Farm. We also would like to thank Arrowhead Orchard for providing delicious farm fresh apples to our program. And thank you to Dough Go's for supplying our fresh pizza dough that has locally sourced grains from farmers.*



## East Canton Schools

Osnaburg Local School District

# FARMERS MARKET FRIDAYS

East Canton Local Schools Food & Nutrition Services is proud to be participating in **Farmers Market Fridays** serving Ohio crops and celebrating local farmers.



Wheat



Apples



Milk



Corn



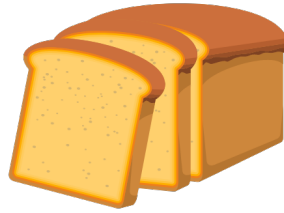
# Wheat

Wheat is Ohio's **3<sup>rd</sup>** largest field crop.

**1** bushel of wheat contains around **100,000,000** individual kernels.

## 6 Classes of Wheat Grown in the U.S.

1. Hard Red Winter
2. Hard Red Spring
3. Soft Red Winter
4. Soft White
5. Durum



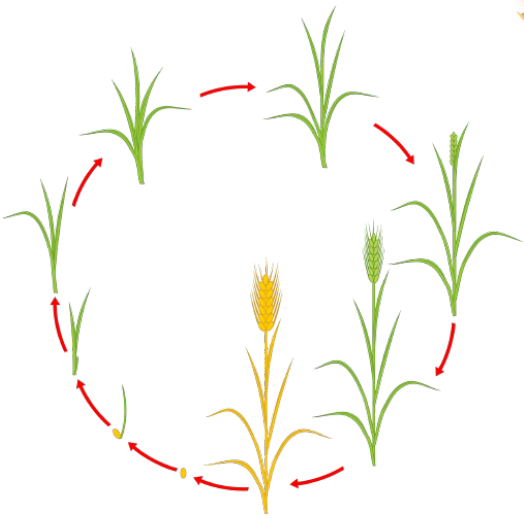
1 bushel of wheat can produce **90** loaves of bread.

**Hard Red Winter** wheat is used mostly for making **breads**.

1 acre = **40** bushels of wheat.

The average wheat crop grows to be between **2 & 4** feet tall.

Wheat grows best in **warm** weather.



Wheat is the **MOST** harvested crop in the world.

Ohio

# Apples

Ohio grows around **50** different varieties of apples.

Ohio is one of the **top 10** apple producing states in the U.S.



Apple trees make up **HALF** of the world's fruit tree production.

**2,500**

varieties of apples are grown in the United States.

Ohio is home to **100+** apple orchards.

All of the U.S. produces **250** million bushels of apples each year.



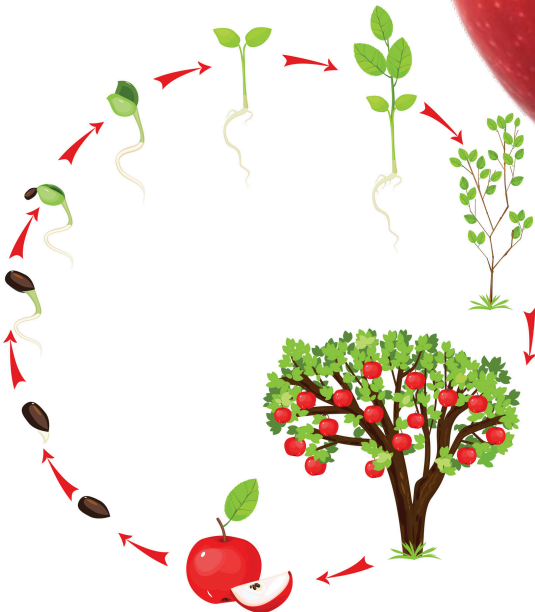
apples make **1** gallon of cider.



An **apple blossom** is the flower that comes from an apple tree.

An apple tree takes at least **4 years** to start producing fruit.

Most apples are **HAND-PICKED.**





Ohio

# Milk



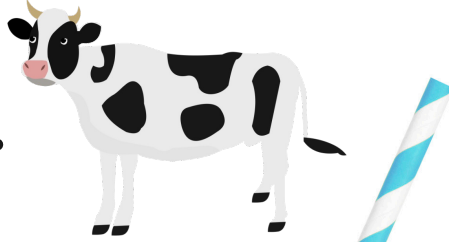
Ohio produces around **5.5 BILLION** pounds of milk each year.

Ohio is home to around **250,000** dairy cows.

Nearly **98%** of U.S. dairy farms are family owned & operated.

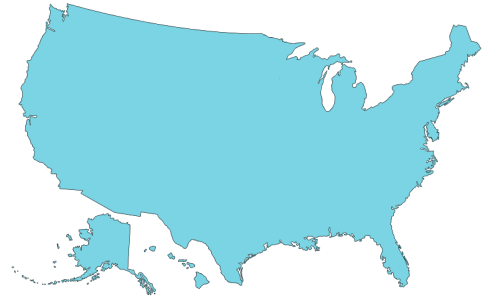
# 6

## Breeds of Dairy Cows:



1. Ayrshire
2. Brown Swiss
3. Guernsey
4. Holstein
5. Jersey
6. Milking Shorthorn

**ALL 50** states have dairy farms!



**Holstein** cows all have a **unique pattern of spots!**

**1 cow** produces around **6 gallons** of milk per day.

The reason milk is white is because it contains **“casein”** - a type of protein.



Farmers measure milk in **pounds**.

The U.S. produces **~21 BILLION** gallons of milk each year.



Milk is the source of **ALL** dairy products!

Ohio

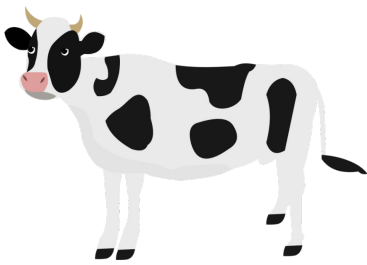
# Corn

99% of corn grown in Ohio is "Field Corn".

Ohio is within the **top 10** states in U.S. corn production.

**Field corn** is often grown and harvested to feed **livestock**.

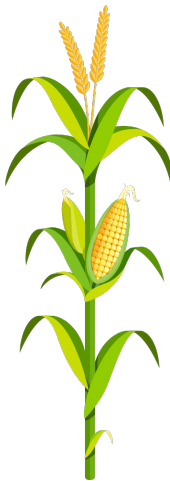
**Corn is America's number 1 field crop.**



An ear of corn **ALWAYS** has an even number of rows.

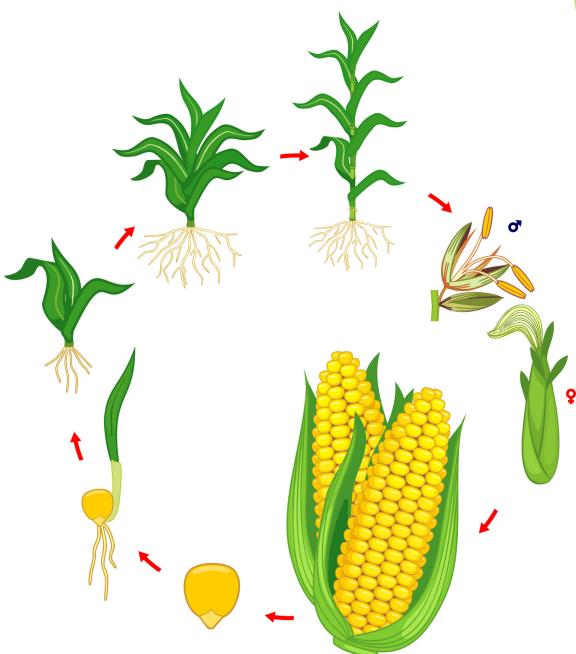
Corn is considered a **vegetable, fruit AND a grain!**

There are around **800** kernels on each ear of corn.



Most countries outside of the United States call corn "**maize**".

**90,000,000** acres of the earth are corn fields.



Ohio Agriculture

# LEARN more



Corn



Grapes



Oats



Pawpaw



Popcorn



Pumpkins



Soybeans



Tomatoes



Wheat