

CUSTOM EDITION

LEARN<sup>+</sup>™  
more

# Jurupa Unified School District

Teaching Kids About **California** Agriculture - Food, Farmers & Fun!



# FARM to SCHOOL

“Learning without limits.”  
- Jurupa Unified School District



NUTRITION SERVICE SUPERHEROES

# FARMERS MARKET FRIDAYS

Jurupa Unified School District Food & Nutrition Services is proud to be participating in **Farmers Market Fridays** serving California crops and celebrating local farmers.



Oranges



Strawberries



Pluots



Raspberries

California

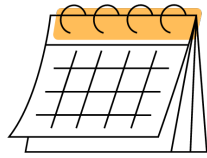
# Oranges

California is home to **140,000 acres** of land that grows oranges.

**Valencia & Navel** oranges are the most popular types grown in California.

**600+** varieties of oranges.

**85%** of oranges are produced for making juice.



Orange season is 9 months long, **October - June!**



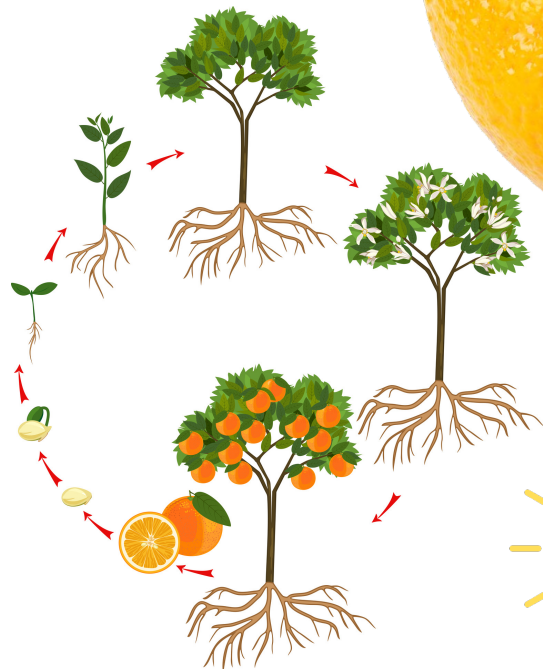
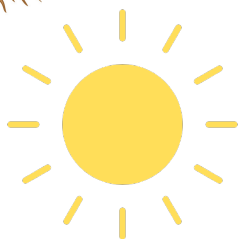
**Vitamin C**

Most oranges are harvested by hand.



**Sub-tropical** areas have ideal climate for growing oranges.

Oranges need a lot of **sunshine** and **warm** temperatures.



# Old Grove Orange



Old Grove Orange is a **5<sup>th</sup>-generation family** farm founded in the **1880's**.

Old Grove Orange is home to some of the **OLDEST** navel orange trees in the world!

**115** years old!

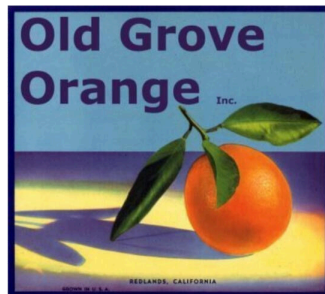


“The **older** the tree, the **sweeter** the orange!”

Old Grove Oranges **LOVES** visitors!

**Framer Bob & Farmer Aki.**

**ALL** Old Grove Orange oranges are **organic**.



Redlands, CA.

Old Grove Orange has been providing oranges to schools for **20+ years**.



Located **>20 miles** from JUSD!



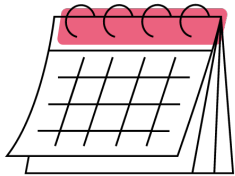
California

# Strawberries

California produces nearly **90%** of all strawberries grown in the U.S.

One acre of land can produce **50,000** pounds of strawberries.

In California, strawberries are available **year-round**.



Strawberries are the **FIRST** fruit to ripen in the spring.

Strawberries are grown on only **1%** of California's farmland.

Main types of strawberries:  
**June-bearing,**  
**Ever-Bearing &**  
**Day-Neutral.**

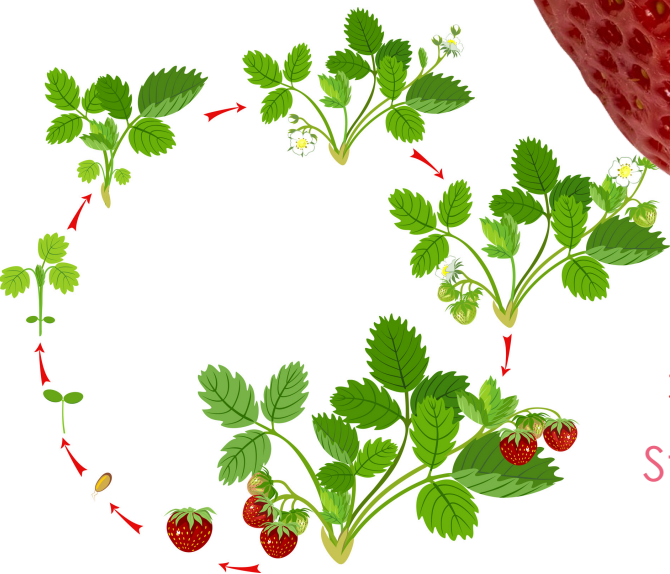
All strawberries are hand picked.



The average strawberry has **200** seeds.

Strawberries are the **ONLY** fruit with seeds on the outside.

Strawberries are a part of the **rose** family.





# Finca Bonita Farms



Finca Bonita Farms was founded in **2019** by **Leo Diaz** & his **brother**.



Finca Bonita Farms grows a variety of **berries, citrus, melons, vegetables & herbs.**

**Leo Diaz** has been in the **agriculture industry** since he was **18**.



Leo Diaz and his brother began farming together on **3 acres** of land.



“100% Certified Delicious”



Finca Bonita Farms offer “**Farm Boxes**” at their local farmers markets.



Located in **Riverside Co, CA.**



California

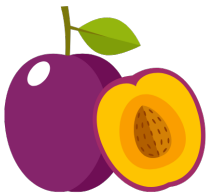
# Pluots

California grows **more** pluots than any other state in the U.S.

Pluots were developed in **California** in **1989** by **Floyd Zaiger**.

A pluot is a **hybrid fruit** that is a combination of a **plum** and an **apricot**.

Over **80** different varieties of pluots.



Plum

+



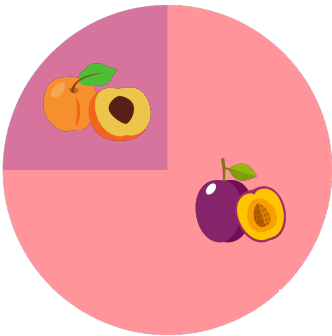
Apricot

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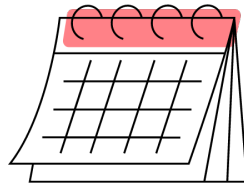


Pluots are a **stone fruit**.

Many varieties of pluots have fun names like **Flavor King, Dapple Dandy, Flavor Fall & Dinosaur Egg**.



Pluots are around **25%** apricot and **75%** plum.



Pluots are in season from **May - September**.



Pluots come in a variety of colors – **green, yellow, crimson, dappled, streaked** or **plum**.

Pluots are known for their **sweet** flavor.



# Food 4 Thought



Food 4 Thought delivers fresh fruits & vegetables from local farmers to schools.

Food 4 Thought sorts, grades & packs the local produce.



“Healthy foods for better learning”

Food 4 Thought was founded by **Loren Werth** in **2008**.



Farmers that work with Food 4 Thought harvest their produce in sizes just right for students.



Food 4 Thought partners with many **family-owned farms** in **Central Valley, CA.**

Food 4 Thought provides **Nutrition Education** programs.



Food 4 Thought, LLC

Fresno, CA.



California

# Raspberries

California is the **#1** raspberry producing state in the U.S.

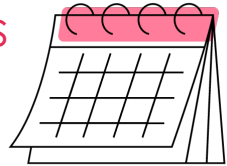
In California, **16,500 pounds** of raspberries are harvested per **acre**.

Top 4 raspberry growing counties in California include **Ventura, Santa Cruz, Santa Barbara & Monterey**.



Raspberries are a part of the **rose** family.

California raspberries are in season from **April - December**.



Raspberry plants can live for up to **10 years**.



**200+** varieties of raspberries.

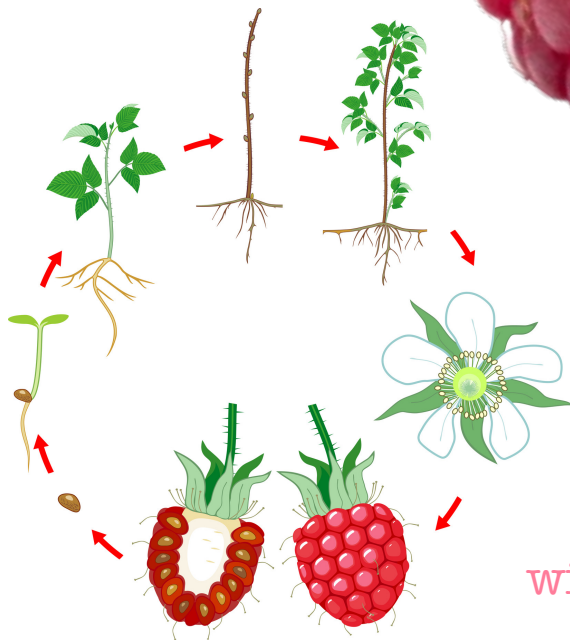
1 raspberry plant can produce **300+** raspberries per year.

**Gold** raspberries are the **SWEETEST!**

Depending on the variety, raspberries can be **purple, gold or black**.



Raspberries grow best in places with **cool summers & mild winters**.



# The FruitGuys



The FruitGuys is a **family owned & operated** business that started in **1998**.

**Chris Mittelstaedt** is the founder of The FruitGuys.

The Fruit Guys works with **200+ small farms & suppliers**.

The FruitGuys source **many kinds of fruits** from **local farmers**.



Chris is also known as the **“Chief Banana.”**

The FruitGuys started providing **local produce** to **schools** in **2008**.



The Fruit Guys mission is to **fight hunger** and **support small farms** and **agricultural sustainability**.



# THE FRUITGUYS<sup>®</sup>



San Bruno, CA.



California

# Milk

California is the **number 1** milk producing state in the U.S.

**46%** of California milk goes into making California cheese.

6

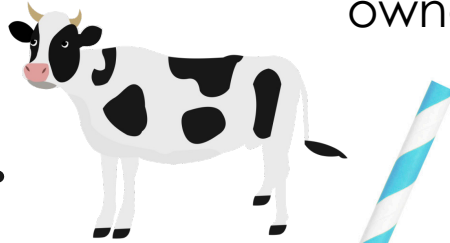
Breeds of Dairy Cows:

1. Ayrshire
2. Brown Swiss
3. Guernsey
4. Holstein
5. Jersey
6. Milking Shorthorn

**Holstein** cows all have a **unique pattern of spots!**

**1 cow** produces around **6 gallons** of milk per day.

The reason milk is white is because it contains **“casein”** - a type of protein.



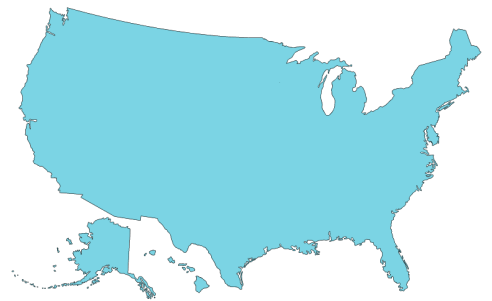
Farmers measure milk in **pounds**.

Milk is the source of **ALL** dairy products!

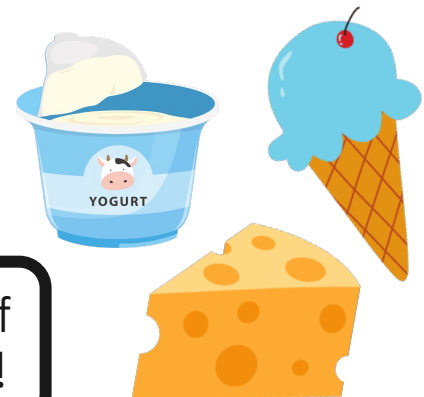
California is home to **1,100+** dairy farms.

Nearly **98%** of U.S. dairy farms are family owned & operated.

**ALL 50** states have dairy farms!



The U.S. produces **~21 BILLION** gallons of milk each year.



# Driftwood Dairy



Driftwood Dairy all started with **Pat J. Dolan** starting a dairy business in **1918**.

Driftwood Dairy is the **LARGEST** milk provider to **schools** in Southern California.

Delivers milk to **2,500 schools** each day.

**“Drifty the Cow”**



Driftwood Dairy is a member of CDI – **California Dairy, Inc.**

**300+** CDI dairy farm members.

**17 BILLION** pounds of milk produced/year by CDI dairy farms.



El Monte, CA.

## Driftwood Dairy's 5 Core Values:

1. Local Economies
2. Sustainability
3. Valued Workforce
4. Animal Welfare
5. Nutrition



California Agriculture

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