

CUSTOM EDITION

LEARN⁺™
more

Manchester Community Schools

Teaching Kids About **Indiana** Agriculture - Food, Farmers & Fun!



E N R I C H M E N T

FARM⁺to
SCHOOL
Indiana

FARM to SCHOOL

Serving healthy, flavorful food to our students and staff that is produced on local farms and supporting our local farms and businesses is what Farm to School means to us.

- Manchester Community Schools Food Service



Dream | Grow | Achieve

FARMERS MARKET FRIDAYS

Manchester Community Schools Food & Nutrition Services is proud to be participating in **Farmers Market Fridays** serving Indiana crops and celebrating local farmers.



Bell Peppers



Tomatoes



Apples



Milk

Indiana

Bell Peppers

Bell peppers **LOVE** heat, so they prefer Indiana summers!



Bell peppers are very **easy to grow** in your own garden!



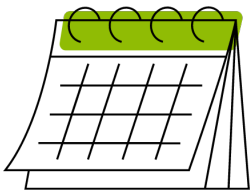
Bell peppers can be **2 to 6** inches long.



Most bell peppers are **harvested** by hand.

Bell peppers are in the same family as **tomatoes, eggplant,** and **potatoes.**

Bell peppers are grown all year-round.



Red bell peppers are also known as **sweet peppers.**



Bell peppers are a **FRUIT.**

ALL bell peppers are **GREEN** before they ripen.

Bell peppers transition from **green to yellow to orange to red** depending on how long they ripen.

Bell peppers get **sweeter** the longer they ripen.



RiverRidge Farm



RiverRidge Farm is **four-season**, family owned & operated farm.



RiverRidge Farm is run by **Nathan** and **Diane Fingerle** and their **family**.

RiverRidge Farm grows **thousands of pounds** of produce each year.



RiverRidge Farm grows some of their crops in a **greenhouse**.

Located only **8 miles** from your school!

9559 N 250 W.
Roann, IN



RiverRidge Farm grows a **very wide variety** of crops.



Growing some of their crops in a **greenhouse** allows RiverRidge Farm to have **produce available year-round**.

Indiana

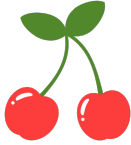
Tomatoes

Indiana is the **3rd largest** tomato producing state in the U.S.

Indiana farmers grow both **fresh market & processing tomatoes**.

3 Popular Types of Tomatoes:

1. Cherry
2. Grape
3. Roma



Processing tomatoes

are mainly used to make ketchup, juice, sauce, etc.



“Wolf peach”



Botanically, tomatoes are a **fruit!**

93% of

Americans grow tomatoes in their own garden.

Tomatoes are grown in **ALL** 50 states!

Over **10,000** varieties of tomatoes.

Tomatoes are at peak harvest **July - September**.

Tomatoes are a warm season crop that **love** the sun.



RiverRidge Farm



RiverRidge Farm is **four-season**,
family owned & operated farm.



RiverRidge Farm is run by **Nathan**
and **Diane Fingerle** and their **family.**

RiverRidge
Farm grows
thousands
of **pounds** of
produce
each year.



RiverRidge
Farm grows
some of their
crops in a
greenhouse.

Located only
8 miles from
your school!

9559 N 250 W.
Roann, IN



RiverRidge Farm grows a
very wide variety of crops.



Growing
some of their
crops in a
greenhouse
allows
RiverRidge
Farm to have
produce
available
year-round.

Indiana

Apples

Indiana harvests around **1.2 MILLION** bushels of apples per year.

Apples are the **most grown** fruit in Indiana.



1.2 million bushels of apples equals approximately **150 MILLION** individual apples.

2,500

varieties of apples are grown in the United States.

Indiana is home to approximately **4,000 acres** of apples.



apples make **1 gallon** of cider.

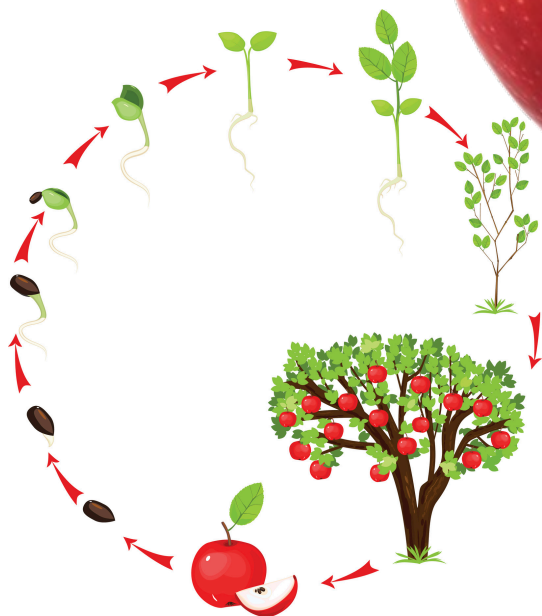
All of the U.S. produces **250 million bushels** of apples each year.



An **apple blossom** is the flower that comes from an apple tree.

An apple tree takes at least **4 years** to start producing fruit.

Most apples are **HAND-PICKED.**



Galen Metzger Family Orchard



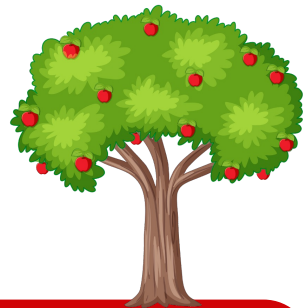
Galen Metzger Family Orchard specializes in growing **apples**.



Galen Metzger Family Orchard grows **10 different kinds** of apples.



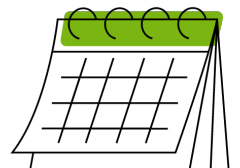
2 acres of land.



Galen Metzger Family Orchard is home to **2,500 apple trees**.

Located near **Claypool, Indiana**.

Galen Metzger Family Orchard's apples are **harvested** from **mid-August** through **Thanksgiving**.



Many schools serve apples from Galen Metzger Family Orchard – including **Manchester Community Schools!**



Indiana

Milk

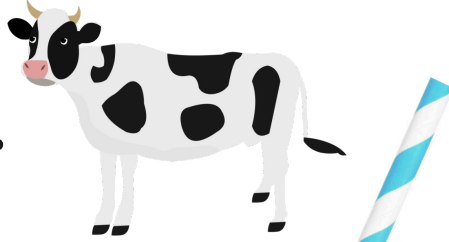
Indiana is home to **777** dairy farms & **174,000** dairy cows.

Indiana produces around **4.5 BILLION** pounds of milk per year.

Nearly **98%** of U.S. dairy farms are family owned & operated.

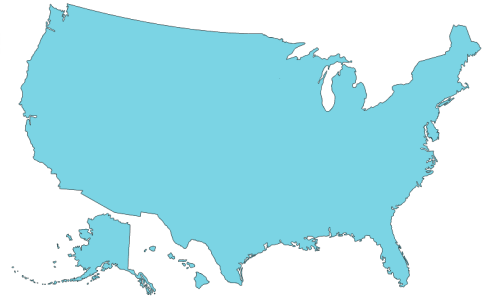
6

Breeds of Dairy Cows:



1. Ayrshire
2. Brown Swiss
3. Guernsey
4. Holstein
5. Jersey
6. Milking Shorthorn

ALL 50 states have dairy farms!



Holstein cows all have a **unique pattern of spots!**

1 cow produces around **6 gallons** of milk per day.

The reason milk is white is because it contains "**casein**" - a type of protein.

Farmers measure milk in **pounds**.

Milk is the source of **ALL** dairy products!

The U.S. produces ~**21 BILLION** gallons of milk each year.



Penrod Dairy Farm

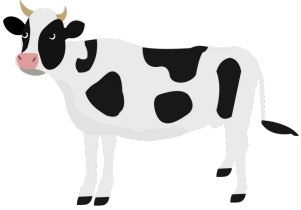


Penrod Dairy Farm is **family owned & operated** dairy farm that started in **1904**.

Penrod Dairy Farm is currently run by **Darrell** and **Marilyn Penrod**.



Penrod Dairy Farm is home to around **110 dairy cows**.



Visitors are **ALWAYS** welcome!



The Penrod family enjoys sharing their **love of family and dairy farming** with others.

Penrod Dairy Farm collects around **500 gallons** of milk/day.



Penrod Dairy Farm hosts **school field trips** to teach kids about dairy farming.



**5302 East 13000 North
North Manchester, IN 46962**

Indiana Agriculture

LEARN ⁺

More



Corn



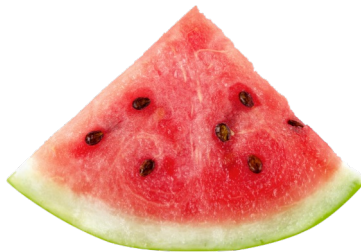
Pumpkins



Soybeans



Tomatoes



Watermelon



Wheat